



Independent Living

901 Seminole Blvd. • Largo, FL 33770 • 727-585-5900 • www.barringtonseniorliving.com

November 2015

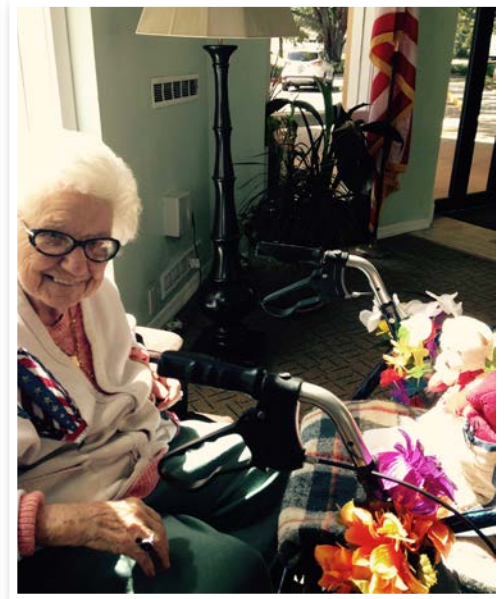
Life Is Fun at The Barrington!



Hail, the gangs all here!



Martha's cool



Sweetness



My Stein!



Party Time!

Locations

- Billiards Room, BR
- Courtyard, CY
- Creation Studio, CS
- Fitness Room, FR
- Flag Pole, FP
- General Store, GS
- Library, LI
- Lobby, L
- Pool, Pool
- Shuffleboard Court, SBC
- The Gathering Place, GP

Transportation Schedule

Monday - Thursday
8 a.m.-4 p.m.
Doctor Appointments

Birthdays

- Edward Reilly, 1st
- Beatrice Katzman, 4th
- Peggy Sonnier, 6th
- Charles Moore, 7th
- Barbara Hefferman, 12th
- Debba Weinfurter, 14th
- Margaret Patric, 15th
- Sally Lee Houghton, 17th
- Louise Birchmire, 18th
- John Frick, 19th
- Lorraine Cushing, 20th
- Dorothy Comer-Littman, 21st
- Rose Marie Flack, 27th
- Sophie Rokita, 30th

Additional Services

Tuesday 10-11 a.m., 1:30-2:30 p.m.
General Store
Thursday 10-11 a.m., 1:30-2:30 p.m.
General Store
Friday 10-11 a.m., 1:30-2:30 p.m.
General Store

Activities Subject to Change

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>DAYLIGHT SAVING TIME ENDS 1</p> <p>8:00 Church Trips, L</p> <p>10:00 Let's Shoot Pool, BR</p> <p>2:00 Board Game Challenge, CS</p> <p>3:00 Skip-Bo, LI</p> <p>3:00 Church Service, GP</p>	<p>9:00 Bank Trip, L 2</p> <p>10:00 Coffee Break (Daylight Saving Time), GP</p> <p>11:00 Chair Exercise, GP</p> <p>2:00 Bridge, LI</p> <p>2:00 Community Pep Rally, GP</p> <p>3:00 Bingo: Three for \$1, GP</p>	<p>ELECTION DAY 3</p> <p>1:00 Ol'Time Music, GP</p> <p>2:00 Election Day (Memories), GP</p> <p>3:00 Pokeno, GP</p> <p>6:00 Election Result & Nightcap (News), GP</p> <p>6:30 Progressive Rummy, LI</p>	<p>9:30 Blood Pressure Check With Bayada, GP 4</p> <p>10:00 Bible Study, LI</p> <p>11:00 Moving to Music, GP</p> <p>1:00 Community Painting, GP</p> <p>1:30 Letters of Thanks, GP</p> <p>2:00 Library Trip, L</p> <p>2:30 Golf Card Game, GP</p> <p>7:00 Bingo</p>	<p>10:00 Wii Bowling, GP 5</p> <p>1:30 Gobble Gobble Spelling Bee, GP</p> <p>2:00 Baking Club, GP</p> <p>3:00 Pokeno, GP</p> <p>7:00 Poker Club, BR</p>	<p>8:00 Dunkin' Donuts & Coffee, GP 6</p> <p>9:00 Publix Trip, L</p> <p>11:00 Sit and Be Fit, GP</p> <p>1:00 Let's Learn Calligraphy, GP</p> <p>2:00 Blood Pressure Check by Bayada, GP</p> <p>3:00 No Paper Happy Hour, GP</p> <p>7:00 Movies With Bayada, GP</p>	<p>9:00 Pokeno, GP 7</p> <p>9:30 Scrabble, LI</p> <p>10:30 Largo Mall Trip, L</p> <p>1:00 Left, Right, Center, GP</p> <p>7:00 Saturday Night at the Movies, GP</p>
<p>8 8:00 Church Trips, L</p> <p>10:00 Let's Shoot Pool, BR</p> <p>2:00 Board Game Challenge, CS</p> <p>3:00 Skip-Bo, LI</p> <p>3:00 Church Service, GP</p>	<p>10:00 Shelby's Book Club, LI 9</p> <p>11:00 Professional Women Meeting, GP</p> <p>1:30 Making Thanksgiving Centerpieces, GP</p> <p>2:00 Bridge, LI</p> <p>3:00 Bingo: Three for \$1, GP</p>	<p>10:30 Thanksgiving Tidbits, GP 10</p> <p>11:00 Men's Club, BR</p> <p>1:00 Ol'Time Music, GP</p> <p>2:00 Moby Dick Social, GP</p> <p>3:00 Pokeno, GP</p> <p>6:30 Progressive Rummy, LI</p>	<p>9:30 Blood Pressure Check With Bayada, GP 11</p> <p>10:00 Bible Study, LI</p> <p>10:00 Speaker/National Caregivers Month, GP</p> <p>11:00 Moving to Music, GP</p> <p>1:00 Community Painting, GP</p> <p>1:30 Veterans Day Tea Party Social, GP</p> <p>2:30 Golf Card Game, GP</p> <p>7:00 Bingo With Bayada, GP</p>	<p>10:00 Wii Bowling, GP 12</p> <p>10:30 Flu Season Health Chat, GP</p> <p>1:00 Fitness Machine Group, FR</p> <p>1:30 Baking Club, GP</p> <p>3:00 Pokeno, GP</p> <p>7:00 Poker Club, BR</p>	<p>9:00 Publix Trip, L 13</p> <p>10:30 Walmart, L</p> <p>11:00 Sit and Be Fit, GP</p> <p>1:30 <i>Thanksgiving Bingo, GP</i></p> <p>2:00 Blood Pressure Check by Bayada, GP</p> <p>3:00 Gobble Gobble Happy Hour, GP</p>	<p>9:00 Pokeno, GP 14</p> <p>9:30 Scrabble, LI</p> <p>10:00 CVS/Walgreens, L</p> <p>10:30 Largo Mall Trip, L</p> <p>11:00 Thanksgiving Feast</p> <p>7:00 Saturday Night at the Movies, GP</p>
<p>15 8:00 Church Trips, L</p> <p>10:00 Let's Shoot Pool, BR</p> <p>1:30 Sound of Music Broadway Movie, GP</p> <p>2:00 Board Game Challenge, CS</p> <p>3:00 Skip-Bo, LI</p> <p>3:00 Church Service, GP</p>	<p>16 Thanksgiving Door Contest Begins</p> <p>10:30 Picnic in the Park, L</p> <p>11:00 Chair Exercise, GP</p> <p>2:00 Bridge, LI</p> <p>3:00 Bingo: Three for \$1, GP</p>	<p>17 10:30 Alzheimer's Health Chat (Nat'l Alzheimer's Month), GP</p> <p>1:00 Ol'Time Music, GP</p> <p>2:00 <i>Family Stories Social, GP</i></p> <p>3:00 Pokeno, GP</p> <p>6:30 Progressive Rummy, LI</p>	<p>18 9:30 Blood Pressure Check With Bayada, GP</p> <p>10:00 Bible Study, LI</p> <p>10:30 Health Talk: National Physical Therapy Month, GP</p> <p>11:00 Moving to Music, GP</p> <p>1:00 Community Painting, GP</p> <p>2:00 Library Trip, L</p> <p>2:30 Golf Card Game, GP</p> <p>3:00 The Barrington Birthday Bash!</p> <p>6:30 Men's Poker Night</p> <p>7:00 Bingo</p>	<p>19 10:00 Wii Bowling, GP</p> <p>11:30 Dollar Hot Dogs, CY</p> <p>1:30 <i>Baking Club, GP</i></p> <p>3:00 Pokeno, GP</p> <p>7:00 Poker Club, BR</p>	<p>20 9:00 Publix Trip, L</p> <p>10:00 Larry's Jewelry, L</p> <p>10:30 Bealls/Bealls Outlet Trip, L</p> <p>10:30 Where Is It? (Geography), GP</p> <p>11:00 Sit and Be Fit, GP</p> <p>2:00 Blood Pressure Check by Bayada, GP</p> <p>3:00 Turkey Happy Hour, GP</p> <p>7:00 Movies With Bayada, GP</p>	<p>21 9:00 Pokeno, GP</p> <p>9:30 Scrabble, LI</p> <p>10:30 Largo Mall Trip, L</p> <p>1:00 Left, Right, Center, GP</p> <p>7:00 Saturday Night at the Movies, GP</p>
<p>22 8:00 Church Trips, L</p> <p>10:00 Let's Shoot Pool, BR</p> <p>2:00 Board Game Challenge, CS</p> <p>3:00 Skip-Bo, LI</p> <p>3:00 Church Service, GP</p>	<p>23 10:00 Shelby's Book Club, LI</p> <p>11:00 Chair Exercise, GP</p> <p>1:00 <i>Diabetes Health Chat (National Diabetes Month), GP</i></p> <p>1:30 <i>Family Fued National Game Week, GP</i></p> <p>2:00 Bridge, LI</p> <p>2:00 Meet & Greet New Neighbors, GP</p> <p>3:00 Bingo: Three for \$1, GP</p>	<p>24 10:00 <i>Crossword Puzzle Social: Puzzle Week Begins, GP</i></p> <p>1:00 Ol'Time Music, GP</p> <p>2:00 Town Hall Meeting, GP</p> <p>2:30 Cider Tasting Social, GP</p> <p>3:00 Pokeno, GP</p> <p>6:30 Progressive Rummy, LI</p>	<p>25 9:30 Blood Pressure Check With Bayada, GP</p> <p>10:00 Bible Study, LI</p> <p>11:00 Moving to Music, GP</p> <p>1:00 Community Painting, GP</p> <p>1:30 <i>Show & Tell Family Recipes, GP</i></p> <p>2:30 Golf Card Game, GP</p> <p>7:00 Bingo With Bayada, GP</p>	<p>26 THANKSGIVING DAY</p> <p>Happy Thanksgiving Day!</p> <p>10:00 Avon Calling, L</p> <p>10:00 Macy's Day Parade, GP</p> <p>12:00 Senior Variety Band, GP</p> <p>1:00 Fitness Machine Group, FR</p> <p>2:00 Let's Watch Football, GP</p>	<p>27 Black Friday</p> <p>9:00 Publix Trip, L</p> <p>10:30 Walmart, L</p> <p>11:00 Sit and Be Fit, GP</p> <p>1:30 Wish List: Black Friday, GP</p> <p>2:00 Blood Pressure Check by Bayada, GP</p> <p>3:00 Black Friday Happy Hour, GP</p>	<p>28 9:00 Pokeno, GP</p> <p>9:30 Scrabble, LI</p> <p>10:30 Largo Mall Trip, L</p> <p>1:00 Left, Right, Center, GP</p> <p>7:00 Saturday Night at the Movies, GP</p>
<p>29 8:00 Church Trips, L</p> <p>10:00 Let's Shoot Pool, BR</p> <p>3:00 Skip-Bo, LI</p> <p>3:00 Church Service, GP</p>	<p>30 11:00 Chair Exercise, GP</p> <p>2:00 Bridge, LI</p> <p>2:00 Army Navy Game: Memories of Yesteryear, GP</p> <p>3:00 Bingo: Three for \$1, GP</p>					

Easy Ways to Raise Alzheimer's Awareness

When President Ronald Reagan declared the first National Alzheimer's Disease Awareness Month in November 1983, fewer than 2 million Americans had the disease. Today, there are more than 5 million.

This month, join the cause to help raise awareness about Alzheimer's. Here are some ideas:

Walk for a cure: The Alzheimer's Association Walk to End Alzheimer's is an annual event that takes place in communities nationwide throughout the year, with many walks occurring in the fall. Invite friends and family to join your community's team to raise funds for Alzheimer's care, support and research.

Put on some purple: The color purple is used to represent Alzheimer's awareness. Go further than just wearing a purple ribbon — why not dress head to toe in purple? You can also hang a purple wreath or banner on your door. Ask tech-savvy relatives and friends to use purple fonts and images in their personal email messages or on social media sites.

Honor a caregiver: November is also National Family Caregivers Month, and this is no coincidence — Alzheimer's takes a huge toll on caregivers as well as those with the disease. Send a card or special treat to a caregiver, letting them know they are appreciated.

A Letter from The Executive Director

Dear Barrington Family,

I am happy to announce that our renovations are complete! I hope you are all as proud of your beautifully updated home as I am. There was a lot of work between flooring, painting, remodeling the Billiard's Room and putting new artwork and furniture throughout the building. We sincerely appreciate all of the residents' patience and understanding during this time.

November will be filled with many exciting activities, so please check out the calendar for more details. We will be doing lots of fall crafts to help get our building decorated and feeling like fall.

We are excited to announce we will be hosting a Thanksgiving Buffet at The Barrington for all residents and their guests. We will be having traditional Thanksgiving fare including carving stations at this buffet. This Thanksgiving Buffet will take place on Nov. 14, 2015, and will start at 11 a.m. We will be handing out invitations with your seating time in the beginning of November so residents can invite their families and plan ahead. Because this is a sit-down meal involving guests and residents, reservations will be required so we can plan for and accommodate all of our guests. Reservations can be made at the Concierge desk or by calling (727) 585-5900.

We are still seeking good neighbors to live at The Barrington. If you have friends, neighbors or family members who are thinking about senior living, please send them our way. Remember you receive a \$500 check after they are here for 90 days!

Please have your family and friends check out our website at www.barringtonseniorliving.com and follow us on Facebook, <https://www.facebook.com/thebarringtonseniorliving>. We update Facebook weekly with pictures from our events, information on upcoming events and educational articles.

Regards,

Shelby Anderson

Executive Director

