



The Barrington

Lifestyle

Independent Living

901 Seminole Blvd. • Largo, FL 33770 • 727-585-5900 • www.barringtonseniorliving.com

July 2015

Frankly Delicious

Hot dogs are an all-American food favorite, and many parts of the country are known for their unique ways of topping them. Relish this cross-country tour of hot dog styles:

New York City: Mustard and onions stewed in tomato paste are what top the Big Apple's "dirty water dogs," named because many are sold from sidewalk carts that use hot water to keep them warm.

Chicago: The Windy City piles a lot onto a hot dog: yellow mustard, relish, chopped onions, a pickle spear, tomato slices, sport peppers and a sprinkle of celery salt, all packed in a poppy-seed bun.

Michigan: A Michigan Coney Island takes its name from the New York amusement park where hot dogs were made famous. This dog is topped with a rich, meaty chili sauce, chopped onions and mustard.

Atlanta: Order a hot dog "dragged through the garden" in Atlanta and throughout the South, and it will be covered in creamy coleslaw.

Southwest: After crossing the border from Mexico, the Sonoran became the style in Southwest cities such as Phoenix and Tucson, Ariz. There, a hot dog is wrapped in bacon and typically features pinto beans; grilled onions; fresh, chopped onions and tomatoes; jalapeño peppers or sauce; mustard; and mayonnaise, all inside a soft roll.

Happy Birthday, America, the Fourth of July Is Upon Us! A Note From the Executive Director

Though fireworks, picnics and parades are all a part of the festivities, Americans gather to celebrate freedom. For your patriotic pleasure, here's a compilation of inspiring quotes for Independence Day:

"Freedom is never dear at any price. It is the breath of life. What would a man not pay for living?" — Gandhi

"Liberty, taking the word in its concrete sense, consists in the ability to choose." — Simone Weil

"The secret of happiness is freedom, the secret of freedom is courage." — Carr Jones

"Our greatest happiness does not depend on the condition of life in which chance has placed us, but is always the result of good conscience, good health, occupation and freedom in all just pursuits." — Thomas Jefferson

"Life without liberty is like a body without spirit." — Kahlil Gibran

"Freedom lies in being bold." — Robert Frost

"Freedom is the oxygen of the soul."
— Moshe Dayan

Here is my personal favorite:

"The nation will remain the land of the free only so long as it is the home of the brave."

— Elmer Davis

JULY 2015

Locations

- Billiards Room, BR
- Courtyard, CY
- Creation Studio, CS
- Fitness Room, FR
- Flag Pole, FP
- General Store, GS
- Library, LI
- Lobby, L
- Pool, Pool
- Shuffleboard Court, SBC
- The Gathering Place, GP

Transportation Schedule

- Monday
8 a.m.-4 p.m.
Doctor Appointments
- Tuesday
8 a.m.-4 p.m.
Doctor Appointments
- Wednesday
8 a.m.-4 p.m.
Doctor Appointments
- Thursday
8 a.m.-4 p.m.
Doctor Appointments

Birthdays

- Arlene S., 1st
- Kathy D., 2nd
- Marilyn V., 7th
- Marilyn S., 29th
- Robert G., 30th
- Leo M., 31st

Additional Services

- Tuesday 10-11 a.m., 1:30-2:30 p.m.
General Store
- Thursday 10-11 a.m., 1:30-2:30 p.m.
General Store
- Friday 10-11 a.m., 1:30-2:30 p.m.
General Store

Activities Subject to Change

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						
<p>5</p> <p>8:00 Church Trips, L</p> <p>10:00 Let's Shoot Pool, BR</p> <p>2:00 Board Game Challenge, CS</p> <p>3:00 Skip-Bo, LI</p> <p>3:00 Church Services, GP</p> <p>10:30 Patriotic Movie Matinee, GP</p>	<p>6</p> <p>9:00 Walking Club, L</p> <p>11:00 Wii Fit, GP</p> <p>1:30 Tribute to Working Women, GP</p> <p>2:00 Bridge, LI</p> <p>2:30 National Kissing Day, GP</p> <p>3:00 Bingo: Three for \$1, GP</p> <p>6:30 Movie Social, CS</p>	<p>7</p> <p>9:00 Bank Trips, L</p> <p>9:00 Let's Dance, GP</p> <p>9:00 Bob Evans Hearing Clinic, LI</p> <p>1:00 Ol'Time Music, GP</p> <p>2:00 Ice Cream Social, GP</p> <p>2:30 Name That Tune, GP</p> <p>3:00 Pokeno, GP</p> <p>6:30 Progressive Rummy, LI</p>	<p>8</p> <p>9:00 Catholic Services, LI</p> <p>9:30 Blood Pressure Check With Bayada, GP</p> <p>10:00 Bible Study, LI</p> <p>11:00 Senior Zumba, GP</p> <p>1:00 Community Painting, GP</p> <p>1:30 Visual Assist Group, LI</p> <p>2:00 Baking Club: Blueberry Muffins, GP</p> <p>2:30 Golf Card Game, GP</p> <p>3:30 Running of the Bulls, GP</p> <p>7:00 Bingo With Bayada, GP</p>	<p>2</p> <p>9:30 Craft: String of Stars, GP</p> <p>10:00 Wii Bowling, GP</p> <p>1:30 Singalong, GP</p> <p>2:00 Presidential Facts, GP</p> <p>3:00 Pokeno, GP</p> <p>7:00 Poker Club, BR</p>	<p>3</p> <p>8:00 Dunkin' Donuts & Coffee, GP</p> <p>9:00 Publix Trip, L</p> <p>11:00 Sit and Be Fit, GP</p> <p>1:00 Chair Volleyball, GP</p> <p>2:00 Blood Pressure Check by Bayada, GP</p> <p>3:00 Uncle Sam's Singalong w/Steve, GP</p> <p>3:30 Social With Fireworks, CY</p> <p>7:00 Movie w/Bayada, GP</p>	<p>4</p> <p>INDEPENDENCE DAY</p> <p>9:00 Pokeno, GP</p> <p>9:30 Scrabble, LI</p> <p>10:00 Largo Mall Trip, L</p> <p>1:00 Left, Right, Center, GP</p> <p>2:00 Wimbledon Tennis Tournament, GP</p> <p>2:30 Bingo, GP</p> <p>3:00 Holiday Games/ Fourth of July, GP</p> <p>7:00 Saturday Night at the Movies, CS</p>
<p>12</p> <p>8:00 Church Trips, L</p> <p>10:00 Let's Shoot Pool, BR</p> <p>10:30 Patriotic Movie Matinee, GP</p> <p>2:00 Board Game Challenge, CS</p> <p>3:00 Skip-Bo, LI</p> <p>3:00 Church Services, GP</p>	<p>13</p> <p>9:00 Walking Club, L</p> <p>10:00 Newlywed Game, GP</p> <p>11:00 Wii Fit, GP</p> <p>2:00 Bridge, LI</p> <p>2:00 National Wellness Month: Speaker, GP</p> <p>3:00 Bingo: Three for \$1, GP</p>	<p>14</p> <p>9:00 Let's Dance, GP</p> <p>11:00 Men's Club, BR</p> <p>1:00 Ol'Time Music, GP</p> <p>2:00 Chick-fil-A Contest/ Cow Appreciation Month, GP</p> <p>3:00 Pokeno, GP</p> <p>6:30 Progressive Rummy, LI</p>	<p>15</p> <p>9:00 Catholic Services, LI</p> <p>9:30 Blood Pressure Check With Bayada, GP</p> <p>10:00 Bible Study, LI</p> <p>11:00 Senior Zumba, GP</p> <p>1:00 Community Painting, GP</p> <p>1:30 Visual Assist Group, LI</p> <p>2:00 Library Trip, L</p> <p>2:00 Craft: Summer Tie Dye, GP</p> <p>2:30 Golf Card Game, GP</p> <p>3:00 The Barrington Birthday Bash!</p> <p>6:30 Bingo</p>	<p>16</p> <p>10:00 Wii Bowling, GP</p> <p>11:00 Chat With Shelby, LI</p> <p>1:30 Singalong, GP</p> <p>3:00 Pokeno, GP</p> <p>6:00 Uncle Sam's Barbecue, CY</p> <p>7:00 Poker Club, BR</p>	<p>17</p> <p>9:00 Publix Trip, L</p> <p>10:00 Larry's Jewelry, L</p> <p>11:00 Sit and Be Fit, GP</p> <p>11:30 Bealls/Bealls Outlet Trip, L</p> <p>1:00 Chair Volleyball, GP</p> <p>2:00 Blood Pressure Check by Bayada, GP</p> <p>3:00 Let's Cruise Happy Hour/Bahamas, GP</p> <p>7:00 Movie w/Bayada/ Snack, GP</p>	<p>18</p> <p>9:00 Pokeno, GP</p> <p>9:30 Scrabble, LI</p> <p>10:00 Largo Mall Trip, L</p> <p>10:30 Nelson Mandela Day History Chat, GP</p> <p>1:00 Left, Right, Center, GP</p> <p>2:30 Bingo, GP</p> <p>3:00 Tour de France, GP</p> <p>7:00 Saturday Night at the Movies, CS</p>
<p>19</p> <p>8:00 Church Trips, L</p> <p>10:00 Let's Shoot Pool, BR</p> <p>10:30 Movie Matinee, GP</p> <p>2:00 Board Game Challenge, CS</p> <p>3:00 Skip-Bo, LI</p> <p>3:00 Church Services, GP</p>	<p>20</p> <p>9:00 Walking Club, L</p> <p>10:30 Picnic in the Park, L</p> <p>11:00 Wii Fit, GP</p> <p>2:00 Bridge, LI</p> <p>2:00 Only Joking Social/ National Tell a Joke Day, GP</p> <p>3:00 Bingo: Three for \$1, GP</p>	<p>21</p> <p>9:00 Bank Trips, L</p> <p>9:00 Let's Dance, GP</p> <p>10:30 Novel Chat: Ernest Hemingway, GP</p> <p>11:00 Health Talk w/ Pam, GP</p> <p>1:00 Ol'Time Music, GP</p> <p>2:00 We All Scream for Ice Cream Social, GP</p> <p>3:00 Pokeno, GP</p> <p>6:30 Progressive Rummy, LI</p>	<p>22</p> <p>9:00 Catholic Services, LI</p> <p>9:30 Blood Pressure Check With Bayada, GP</p> <p>10:00 Bible Study, LI</p> <p>11:00 Senior Zumba, GP</p> <p>1:00 Community Painting, GP</p> <p>1:30 Visual Assist Group, LI</p> <p>1:30 Movie: "Babe Ruth"/ National Baseball Month, GP</p> <p>2:30 Rick's Gospel Music, GP</p> <p>7:00 Bingo With Bayada, GP</p>	<p>23</p> <p>10:00 Avon Calling, L</p> <p>10:00 Wii Bowling, GP</p> <p>10:30 Beat the Heat Chat, GP</p> <p>11:30 Dollar Hot Dogs, GP</p> <p>12:00 Senior Variety Band, GP</p> <p>1:00 Fitness Machine Group, FR</p> <p>2:00 Town Hall Meeting, GP</p> <p>2:30 Cooking Demonstration, GP</p> <p>3:00 Pokeno, GP</p> <p>7:00 Poker Club, BR</p>	<p>24</p> <p>9:00 Publix Trip, L</p> <p>11:00 Sit and Be Fit, GP</p> <p>11:30 Walmart, L</p> <p>1:00 Chair Volleyball, GP</p> <p>2:00 Blood Pressure Check by Bayada, GP</p> <p>3:00 Grilled Fruit Happy Hour, GP</p> <p>7:00 Movie Night w/ Snacks, GP</p>	<p>25</p> <p>9:00 Pokeno, GP</p> <p>9:30 Scrabble, LI</p> <p>10:00 Largo Mall Trip, L</p> <p>10:30 Shooting Marbles/ National Pioneer Day, GP</p> <p>1:00 Left, Right, Center, GP</p> <p>2:30 Bingo, GP</p> <p>7:00 Saturday Night at the Movies, CS</p>
<p>26</p> <p>8:00 Church Trips, L</p> <p>10:00 Let's Shoot Pool, BR</p> <p>10:00 Movie Matinee: Patriotic, GP</p> <p>2:00 Board Game Challenge, CS</p> <p>3:00 Skip-Bo, LI</p> <p>3:00 Church Services, GP</p>	<p>27</p> <p>9:00 Walking Club, L</p> <p>10:00 Shelby's Book Club, LI</p> <p>11:00 Wii Fit, GP</p> <p>1:00 Parental Advice/ National Parents' Day, GP</p> <p>2:00 Bridge, LI</p> <p>3:00 Bingo: Three for \$1, GP</p>	<p>28</p> <p>9:00 Let's Dance, GP</p> <p>1:00 Ol'Time Music, GP</p> <p>2:00 Men's Club 19th Hole Social/Family Golf Month, GP</p> <p>3:00 Pokeno, GP</p> <p>6:30 Progressive Rummy, LI</p>	<p>29</p> <p>9:00 Catholic Services, LI</p> <p>9:30 Blood Pressure Check With Bayada, GP</p> <p>10:00 Bible Study, LI</p> <p>11:00 Senior Zumba, GP</p> <p>1:00 Community Painting, GP</p> <p>1:30 Visual Assist Group, LI</p> <p>2:00 Writers' Corner: Letter to Our Service Members, GP</p> <p>2:30 Golf Card Game, GP</p> <p>7:00 Bingo Social, GP</p>	<p>30</p> <p>10:00 Wii Bowling, GP</p> <p>10:30 National Chili Dog Day/Lunch</p> <p>1:00 Name That Tune/ Prizes, GP</p> <p>1:30 Visual Assistance Group, LI</p> <p>2:00 Variety Fruit Social, GP</p> <p>3:00 Pokeno, GP</p> <p>7:00 Poker Club, BR</p>	<p>31</p> <p>9:00 Publix Trip, L</p> <p>10:00 Trivia, GP</p> <p>11:00 Sit and Be Fit, GP</p> <p>2:00 Blood Pressure Check by Bayada, GP</p> <p>3:00 Wine & Cheese Social, GP</p> <p>7:00 Movie w/ Popcorn, GP</p>	

Declaration Details

As freedom rings this Fourth of July, explore these facts about the Declaration of Independence.

Initial autograph: John Hancock, president of the Continental Congress, was the first to sign the document. His signature is the largest, and the term “John Hancock” remains a common expression for a signature.

Striking script: Historians say Timothy Matlack, clerk to the secretary of the Congress, is most likely the scribe who wrote out the famous script using a quill pen and ink.

Dirty details: The bottom left corner of the document is marred by a handprint whose story and identification are unknown. It, along with other soiling, has been left alone rather than risk damage by attempting to clean it.

Safe storage: During World War II, the declaration was moved from the Library of Congress and stored at Fort Knox. In 1952, it was transferred to its permanent home, the National Archives in Washington, D.C., where it is housed in a state-of-the-art case, designed to protect the antique parchment.

Colonial copies: Paper copies of the declaration were printed on the night of July 4 to be distributed throughout the Colonies. Only 26 of these versions exist today, and most are held in museums.

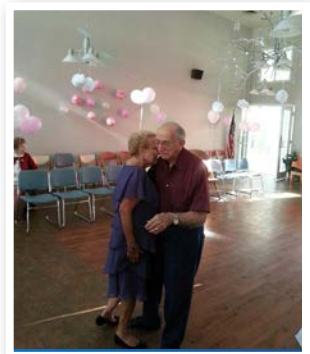
Life Is Good at The Barrington!



Memorial Day Luncheon



Dancing queens!



Hoedown time!



The residents had a good time at the Hoedown!



“I’ve had the time of my life ...”



Memorial Day Luncheon