



Assisted Living

901 Seminole Blvd. • Largo, FL 33770 • 727-585-5900 • www.barringtonseniorliving.com

May 2015

## Fun Around The Barrington



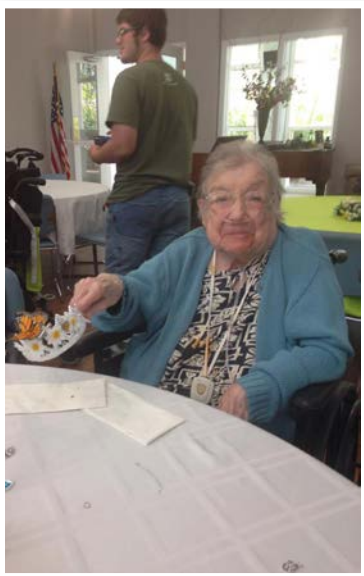
And the Oscar goes to ...



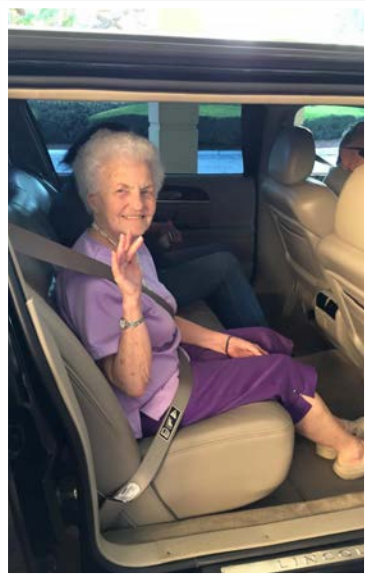
Birthday Princess!



First limo ride



Making tiaras!



Red carpet arrivals



Barrington Birthday Bash!

**Locations**

- Billiards Room, BR
- Courtyard, CY
- Creation Studio, CS
- Fitness Room, FR
- Flag Pole, FP
- General Store, GS
- Library, LI
- Lobby, L
- Pool, Pool
- Shuffleboard Court, SBC
- The Gathering Place, GP

**Transportation Schedule**



Monday - Thursday  
8 a.m.-4 p.m.  
Doctor Appointments

**Birthdays**

- Albert S., 4th
- Rita R., 4th
- Beverly V., 8th
- Joan M., 11th
- George H., 11th
- William P., 14th
- Terry M., 15th
- Anita Y., 18th
- Dorothy W., 21st
- Richard H., 24th
- Marie N., 29th
- Josephine P., 30th

**Additional Services**

- Tuesday 10-11 a.m., 1:30-2:30 p.m.  
General Store
- Thursday 10-11 a.m., 1:30-2:30 p.m.  
General Store
- Friday 10-11 a.m., 1:30-2:30 p.m.  
General Store

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						<b>May Day</b> <b>8:00 Dunkin' Donuts &amp; Coffee, GP</b> 9:00 Publix, L 9:00 Sit and Be Fit, CS 9:30 Dominoes, CS 10:30 May Day Basket Crafts, CS 11:30 Walgreens/CVS Trip, L 12:30 Let's Make Kentucky Derby Hats!, CS 1:00 Chair Volleyball, GP 1:30 Community Pep Rally, GP 3:00 May Day Happy Hour, GP
<b>"Soul Day" in Honor of James Brown</b> 8:00 Church Trips, L 1:30 James Brown Dance-Off, GP 2:00 Board Game Challenge, CS 3:00 Church Service, GP 3:00 Skip-Bo, LI 4:30 "Get on Up" Movie, CS	9:00 Mindful Moves, CS 9:30 Dominoes, CS 10:00 You Be the Judge, CS 12:30 Let's Make Maracas!, CS 1:00 Bridge, LI 1:00 Brain Games, CS 2:00 Afternoon Stroll, L 3:00 Bingo 3 for \$1, GP	<b>Cinco de Mayo</b> 8:30 Retired Teacher Appreciation Breakfast, GP <b>9:00 Resident Council, CS</b> 9:00 Bob Evans Hearing Clinic, CS 9:00 Bank Trips, L 9:30 Fun With the Wii, CS 10:00 Left, Right, Center, CS 10:30 Let's Dancel, GP 1:00 Ol'Time Music, GP 2:00 Cinco de Mayo Chips & Salsa Social, GP 3:00 Pokeno, GP	<b>National Nurses Day</b> 9:00 Catholic Services, LI 9:00 Chair Yoga, CY 10:00 Bible Study, LI 10:00 Let's Make Thank You Cards for Nurses Day!, CS 10:30 Let's Play Uno!, CS 1:30 Hot Fudge Sundae Social, GP <b>2:00 Visual Assistance Group, LI</b> 2:30 Golf Card Game, GP 3:00 Chair Tennis Tournaments, GP 7:00 B I N G O, GP	<b>National Hug Day</b> 9:00 Stretch & Tone, CS 9:30 Fun With the Wii, CS 10:00 Flower Jar Crafts, CS 10:30 Table Games, CS <b>11:00 Precious Jewelry, L</b> 1:30 Singalong, GP 1:30 Let's Make Encouragement Cards, CS 3:00 Pokeno, GP 7:00 Poker Club, BR	9:00 St. John's Hearing Clinic, GP 9:00 Publix, L 9:00 Sit and Be Fit, CS 9:30 Bingo Singing, CS 10:00 Family Game Day, GP 11:30 Walmart, L 1:00 Chair Volleyball, GP 3:00 Cosmos & Cupcakes Happy Hour, GP <b>7:00 Bayada Movie Night w/Snacks, GP</b>	9:00 Pokeno, CS 9:30 Scrabble, LI 10:00 Largo Mall, L 10:30 Kentucky Derby Social, GP, GP 1:00 Left, Right, Center, GP 2:30 Bingo, GP 7:00 Movie & Popcorn, CS
<b>MOTHER'S DAY</b> 8:00 Church Trips, L 10:00 Sunday Movies, CS 10:00 Let's Shoot Pool, BR 10:30 Mother's Day Brunch, GP 1:00 Famous Mothers Trivia, GP 2:00 Board Game Challenge, CS 3:00 Church Service, GP 3:00 Skip-Bo, LI	9:00 Mindful Moves, CS 9:30 Dominoes, CS 10:00 Brain Games, CS 11:00 Family Tree Craft, GP 1:00 Bridge, LI 1:30 Made You Think, CS 2:00 Let's Dancel, GP 3:00 Bingo 3 for \$1, GP	9:00 Cookie Bake, CS 9:30 Wii Fit, CS 10:00 Left, Right, Center, CS 10:30 Let's Dancel, GP 11:00 Men's Club, BR 11:30 Lunch Out at First Watch, L 1:00 Ol'Time Music, GP 1:00 Board Games, CS 2:00 High Tea With Emily Post, GP 3:00 Pokeno, GP 6:30 Dancing with The Seniors, GP	<b>National Police Week</b> 9:00 Catholic Services, LI 9:00 Chair Yoga, CY 9:30 Let's Make Thank You Cards, CS 10:00 Famous Criminals Trivia, CS 10:00 Bible Study, LI 10:30 Let's Play Uno!, CS 11:00 Wait Staff Appreciation Day <b>2:00 Visual Assistance Group, LI</b> 2:30 Golf Card Game, GP 7:00 B I N G O, GP	<b>National Chicken Dance Day</b> 9:00 Stretch & Tone, CS 9:30 Fun With the Wii, CS 10:30 Table Games, CS <b>11:00 Donna's Jewelry, L</b> 11:30 Salad Bar Social, GP 1:00 Relaxing Hand Massages, CS 1:30 Singalong, GP 3:00 Pokeno, GP 3:30 Learn the Chicken Dance, GP 4:00 Chicken Dance Flash Mob 7:00 Poker Club, BR	9:00 Publix, L 9:00 Sit and Be Fit, CS 9:30 Dominoes, CS 10:00 Coffee Talk: Women's Fashions, LI 10:00 You Be the Judge, CS <b>10:00 Larry's Jewelry, L</b> 11:30 Bealls/Bealls Outlet Trip, L 12:30 Movie Time, CS 1:00 Chair Volleyball, GP 3:00 Meet & Greet Happy Hour, GP	<b>Armed Forces Day</b> 8:30 Military Appreciation Breakfast, GP 9:00 Pokeno, CS 9:30 Scrabble, LI 10:00 Largo Mall, L 10:30 Cannes Film Festival Social, GP 1:00 Left, Right, Center, GP 2:30 Bingo, GP 7:00 Movie & Popcorn, CS
8:00 Church Trips, L 10:00 Sunday Movies, CS 10:00 Let's Shoot Pool, BR 1:30 Shake, Rattle & Roll Social, GP 2:00 Board Game Challenge, CS 3:00 Church Service, GP 3:00 Skip-Bo, LI	<b>National Visit Your Relatives Day</b> 9:00 Mindful Moves, CS 9:30 Dominoes, CS 10:00 Shoebox for Soldiers Kickoff, CS 10:00 Brain Games, CS <b>10:30 Picnic in the Park, L</b> 1:00 Bridge, LI 1:30 Crafts, CS 2:00 Invite Your Family Ice Cream Social, GP 3:00 Bingo 3 for \$1, GP	9:00 Cookie Bake, CS 9:30 Fun With the Wii, CS 10:00 Left, Right, Center, CS 10:00 Dali Museum Trip, L <b>11:00 "Stress Talk" With Nurse Leanne, GP</b> 1:00 Ol'Time Music, GP 1:30 It's My Life Introduction, CS 2:00 Dancing Fun, CS 3:00 Pokeno, GP <b>4:00 Dinner Out at Olive Garden, L</b>	9:00 Catholic Services, LI 9:00 Chair Yoga, CY 10:00 Bible Study, LI 10:00 Backyard Games, L 10:30 Let's Play Uno!, CS 1:00 Drive in Movie: "Rear Window," GP <b>2:00 Visual Assistance Group, LI</b> 2:30 Golf Card Game, GP <b>3:00 The Barrington Birthday Bash, GP</b> 7:00 B I N G O, GP	9:00 Stretch & Tone, CS 9:30 Fun With the Wii, CS 10:30 Table Games, CS 11:00 Chat With Shelby, LI 1:30 Singalong, GP 2:00 It's My Life, CS 3:00 Pokeno, GP 3:30 Picture Pairing Introduction, CS 7:00 Poker Club, BR	9:00 Publix, L 9:00 Sit and Be Fit, CS 9:30 Bingo Singing, CS 10:30 Oriental Fan Craft, GP 11:30 Walmart, L 1:00 Chair Volleyball, GP 1:30 Wii Bowling, CS 3:00 Orient Express Happy Hour, GP <b>7:00 Bayada Movie Night w/Snacks, GP</b>	9:00 Pokeno, CS 9:30 Scrabble, LI 10:00 Largo Mall, L 10:30 Wii Games, CS 1:00 Left, Right, Center, GP 2:30 Bingo, GP 7:00 Movie & Popcorn, CS
8:00 Church Trips, L 10:00 Sunday Movies, CS 10:00 Let's Shoot Pool, BR 12:00 Indy 500 Social, GP 2:00 Board Game Challenge, CS 3:00 Church Service, GP 3:00 Skip-Bo, LI	<b>MEMORIAL DAY</b> 9:30 Dominoes, CS 10:00 Brain Games, CS 11:00 Memorial Day Cookout, Pool 1:00 Bridge, LI 1:30 Made You Think, CS 1:30 Decorate Patriotic Cookies, GP 2:00 Patriotic Concert, GP 3:00 Bingo 3 for \$1, GP	9:00 Cookie Bake, CS 9:30 Fun With the Wii, CS 10:00 Left, Right, Center, CS 11:00 Men's Club, BR 11:00 Indoor Tennis Tournament, GP 1:00 French Open Social, GP 2:00 Dancing Fun, CS 3:00 Pokeno, GP 7:00 Bingo With Bayada, GP	9:00 Catholic Services, LI 9:00 Chair Yoga, CY 9:30 Let's Make Healthy Parfaits, CS 10:00 Bible Study, LI 10:00 Walk a Thon, L 10:30 Let's Play Uno!, CS 1:00 Green Thumb Garden Club, CY <b>2:00 Visual Assistance Group, LI</b> <b>2:30 Rick's Gospel Music, GP</b> 2:30 Golf Card Game, GP 7:00 B I N G O, GP	9:00 Stretch & Tone, CS 9:30 Fun With the Wii, CS <b>10:00 Avon Calling, L</b> 10:30 Table Games, CS <b>11:30 Dollar Hot Dogs, GP</b> 12:00 Senior Variety Band, GP 1:00 90+ Social, GP 1:30 Singalong, GP <b>2:00 Town Hall Meeting, GP</b> 3:00 Pokeno, GP 7:00 Poker Club, BR	9:00 Publix, L 9:00 Sit and Be Fit, CS 9:30 Wii Bowling, CS 10:00 Kennedy Trivia, GP 10:00 Dominoes, CS 12:30 Let's Paint!, CS 1:00 Chair Volleyball, GP 1:30 It's My Life, CS 3:00 Oopa! Greek Happy Hour, GP	9:00 Pokeno, CS 9:30 Scrabble, LI 10:00 Largo Mall, L 10:30 Countdown to Summer Lemonade Social, GP 1:00 Left, Right, Center, GP 2:30 Bingo, GP 7:00 Movie & Popcorn, CS
8:00 Church Trips, L 10:00 Sunday Movies, CS 10:00 Let's Shoot Pool, BR 1:30 Pool Party, Pool 2:00 Board Game Challenge, CS 3:00 Church Service, GP 3:00 Skip-Bo, LI						

## Executive Directors Corner

Social media is an important tool that over 75 percent of online people use worldwide. The most popular forms of social media include Facebook and Twitter. Facebook users can create a page that shows their invited friends information about themselves. When you use Facebook you are able to connect with family and friends; reconnect with long lost friends; share photos and videos; and post quick updates.

Twitter is a real-time information network powered by people all around the world that lets you share and discover what's happening right now (in 140 characters or less). Twitter users can find fast, relevant news updates; read real-time updates from your favorite organizations (like The Barrington); post your own updates and exchange thoughts, pictures, and videos.

The Barrington uses multiple different social media sites to communicate with the public, residents and their families. We frequently post upcoming events, reminders for important dates, and pictures and videos from our daily activities and parties. We would love to invite you and your families to be a part of The Barrington Social Networking family!

Please go to our Facebook page and "Like" The Barrington; visit <https://www.facebook.com/thebarringtonseniorliving>.

And please share our Facebook page with your friends and family!

## Appreciating America's Military

May is a month to appreciate warmer days, sunshine and all that comes with spring. And since 1999, it's also designated as Military Appreciation Month, a time to formally and publicly thank and support the men and women who have served or currently serve to protect our freedom and liberty.

Created from the simple idea of gathering America around its armed forces to show gratitude and solidarity, the month of May was chosen because it already includes the most military-related commemoration days: Loyalty Day, Victory in Europe (VE) Day, Armed Forces Day, Military Spouse Appreciation Day and, most well-known, Memorial Day.

The congressional resolution for Military Appreciation Month calls for a proclamation from the president regarding the important role these men and women fill, but you can celebrate in your own community any way you choose. One of the easiest, yet most meaningful, is to offer a heartfelt thank-you to all service members, past and present.



## Galloping to Victory

Each spring, fans of American horse racing are chomping at the bit during the three races that comprise the Triple Crown of Thoroughbred Racing: the Kentucky Derby, the Preakness Stakes, and the Belmont Stakes. Get a leg up on the action with these facts about the ultimate equestrian prize.

**Elusive achievement:** Winning all three races of the Triple Crown in a single season is considered the pinnacle achievement for a racehorse. Only 11 steeds have earned the honor, the first being Sir Barton in 1919.

**Decades of drought:** The last horse to win the Triple Crown was Affirmed in 1978, but there have been several close calls. Most recently, in 2014, California Chrome won the Derby and the Preakness, but came in fourth place at Belmont.

**Still standing:** In 1973, Secretariat made headlines when he became the first Triple Crown winner in 25 years. He also ran all three races in record times that have yet to be broken.

**Tracking the tracks:** The three events are run on dirt tracks of varying distances. The Derby at Churchill Downs in Louisville, Ky., is a 1 1/4-mile race, the Preakness at Baltimore's Pimlico Race Course is 1 3/16 miles, and Belmont Park in Elmont, N.Y., is the longest at 1 1/2 miles.