



# The Barrington Lifestyle

Assisted Living

901 Seminole Blvd. • Largo, FL 33770 • 727-585-5900 • www.barringtonseniorliving.com

February 2015

## Note from the Executive Director: Shelby Anderson

In the month of February, you can walk into any store or turn on the TV and the common theme is ... love. You see pink and red around every corner, and hearts adorn everything that stands still. Whether you are a sucker for cupid and all that he brings or a skeptic who thinks Valentine's Day was created to make Hallmark rich, we have all had, currently have or want to have what it's all about ... love!

Everyone can think of at least one thing in life that's loved, whether it's ice cream, a child, a spouse or a favorite sports team. Being around what we love or thinking about what we love makes us happy. Happiness is pleasure, joy, exhilaration, bliss, contentedness, delight, enjoyment and satisfaction. Happiness results from the possession or attainment of what one considers good or what one loves. I hope that during the whole year long you each find something that you love that brings you happiness. And my greatest wish is that you find a hobby or new friendship at The Barrington that brings you love and happiness.

"Life is to be fortified by many friendships. To love and to be loved is the greatest happiness of existence."

— Sydney Smith

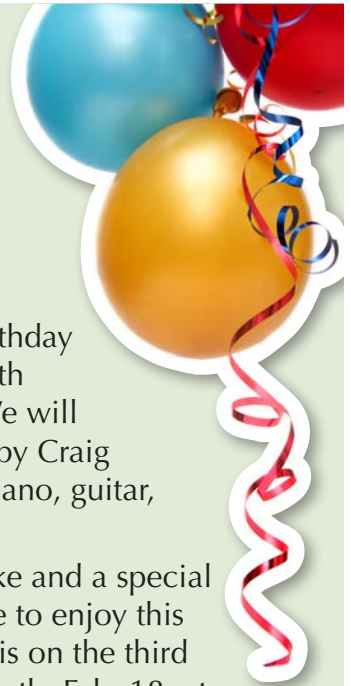
## Chili Cook-Off

All residents and staff: Please bring your finest Crock-Pot and chili to our cook-off. We will award first, second and third place ribbons. The first place winner will receive a Publix gift card. The cook-off starts at 11 a.m. on Feb. 26 in the Gathering Place.

## The Barrington Birthday Bash

Let's wish a happy birthday to all our residents with February birthdays. We will celebrate with music by Craig Belden. Craig plays piano, guitar, banjo and accordion!

Plus, we will have cake and a special toast. All are welcome to enjoy this festive occasion. This is on the third Wednesday of the month, Feb. 18, at 3 p.m. in the Gathering Place.



## Mardi Gras Ball

Come enjoy a classic New Orleans party. We will have king cake, masks and some great Dixie jazz music. Feb. 19, from 6 to 8 p.m. in the Gathering Place.

## Bayada Super Bowl Party

The game will be on. The snacks will be out. Come cheer for your favorite team! Feb. 1, Gathering Place, 6 p.m. until ?

**FEBRUARY 2015**

**Locations**

- Billiards Room, BR
- Courtyard, CY
- Covered Parking, CP
- Creation Studio, CS
- Fitness Room, FR
- Flag Pole, FP
- General Store, GS
- Library, LI
- Lobby, L
- Pool, Pool

- Reflections Restaurant, RR
- Shuffleboard Court, SBC
- The Gathering Place, GP

**Transportation Schedule**

Monday through Thursday  
8 a.m.-4 p.m.  
Doctor Appointments

**Birthdays**

- Elli A., 10th
- Laura G., 13th
- George B., 17th
- Bev H., 17th
- Yolanda H., 18th
- Gordon G., 20th
- Elizabeth D., 22nd
- Aletta M., 27th

**“A flower cannot blossom without sunshine, and man cannot live without love.”**  
—Max Muller

*Activities Subject to Change*

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						
8:00 Church Trips, L 1 10:00 Let's Shoot Pool, BR 10:00 Sunday Movies, CS 2:00 Board & Card Games, CS 3:00 Church Service, GP 3:00 Skip-Bo, LI <b>6:00 Bayada Super Bowl Party, GP</b>	<b>GROUNDHOG DAY 2</b> 9:30 Dominoes, CS 10:00 General Store, GS 10:30 Shelby's Book Club, LI 11:00 Chair Exercise, GP 1:00 General Store, GS 1:00 Bridge, LI 1:00 Origami, GP 1:00 Crafts or Made You Think, CS 3:00 Bingo 3 for \$1, GP	9:00 Bob Evans Hearing Clinic, GP 3 <b>9:00 Resident Open Forum, CS</b> 9:30 Fun With the Wii, CS 10:00 General Store, GS 10:30 Left, Right, Center, CS 1:00 Singalong w/Ol' Time Music, GP 1:30 The General Store, GS 3:00 Pokeno, GP	8:00 Popcorn Wednesday, L 4 9:00 Catholic Services, LI 10:00 Bible Studies, LI 10:00 Ken Plays Piano, GP 11:00 Sit and Be Fit, GP 1:00 Painting, GP 2:00 General Store, GS 2:30 Golf Card Game, GP 7:00 Bingo, GP	9:30 Fun With the Wii, CS 5 10:00 Mindful Moves, GP 11:00 Chat With Shelby, LI <b>11:00 Precious Jewelry, L</b> 1:00 General Store, GS 1:30 Singalong, GP 3:00 Pokeno, GP 7:00 Poker Club, BR	8:00 <b>Dunkin' Donuts &amp; Coffee, GP</b> 6 9:00 Publix, L 9:30 Dominoes, CS 10:00 Publix Trip, #2, L 11:00 Fun and Fitness, GP 1:00 Trivia, CS 1:00 Walmart, L 1:00 General Store, GS 3:00 Happy Hour, GP 7:00 Movie Night w/ Snacks, GP	9:00 Pokeno, CS 7 9:30 Scrabble, LI 10:00 Largo Mall, L 1:00 Left, Right, Center, GP 2:30 Bingo, GP 7:00 Movie & Popcorn, CS
8:00 Church Trips, L 8 10:00 Let's Shoot Pool, BR 10:00 Sunday Movies, CS 2:00 Board & Card Games, CS 3:00 Church Service, GP 3:00 Skip-Bo, LI	10:00 General Store, GS 9 <b>10:00 Barrington Talent Show, Part 2, GP</b> 11:00 Chair Exercise, GP 1:00 General Store, GS 1:00 Bridge, LI 1:00 Origami, GP 1:00 Crafts or Made You Think, CS 3:00 Bingo 3 for \$1, GP 7:00 Bingo With Bayada, GP	9:30 Fun With the Wii, CS 10 10:00 General Store, GS 10:30 Left, Right, Center, CS 1:00 Singalong w/Ol' Time Music, GP 1:30 The General Store, GS 3:00 Pokeno, GP	8:00 Popcorn Wednesday, L 11 9:00 Catholic Services, LI 10:00 Bible Studies, LI 11:00 Sit and Be Fit, GP 1:00 Painting, GP 2:00 General Store, GS 2:30 Golf Card Game, GP 7:00 Bingo, GP	9:30 Fun With the Wii, CS 12 10:00 Mindful Moves, GP <b>10:00 Carte Boutique, L</b> 11:00 Chat With Shelby, LI <b>11:00 Donna's Jewelry, L</b> 1:00 General Store, GS 1:30 Singalong, GP 3:00 Pokeno, GP 7:00 Poker Club, BR	9:00 St. John's Hearing Clinic, GP 13 9:00 Publix, L 9:30 Rev. Bob Singalong, CS 10:00 Publix Trip, #2, L 11:00 Fun and Fitness, GP 1:00 Walgreens/ CVS Trip, L 1:00 Trivia, CS 1:00 General Store, GS 3:00 Happy Hour, GP 7:00 Movie Night w/ Snacks, GP	<b>VALENTINE'S DAY 14</b> 9:00 Pokeno, CS 9:30 Scrabble, LI 10:00 Largo Mall, L 1:00 Left, Right, Center, GP 2:30 Bingo, GP <b>3:00 Eric on the Piano, L</b> 7:00 Movie & Popcorn, CS
8:00 Church Trips, L 15 10:00 Let's Shoot Pool, BR 10:00 Sunday Movies, CS 2:00 Board & Card Games, CS 3:00 Church Service, GP 3:00 Skip-Bo, LI	<b>PRESIDENTS' DAY 16</b> 9:30 Dominoes, CS 10:00 General Store, GS 10:30 Shelby's Book Club, LI <b>10:30 Picnic in the Park, L</b> 11:00 Chair Exercise, GP 1:00 General Store, GS 1:00 Bridge, LI 1:00 Origami, GP 1:00 Crafts or Made You Think, CS 3:00 Bingo 3 for \$1, GP	<b>MARDI GRAS 17</b> 9:30 Fun With the Wii, CS 10:00 General Store, GS 10:30 Left, Right, Center, CS 1:00 Singalong w/Ol' Time Music, GP 1:30 The General Store, GS 3:00 Pokeno, GP <b>4:00 Dinner out at Rumba, L</b>	<b>ASH WEDNESDAY 18</b> 8:00 Popcorn Wednesday, L 9:00 Catholic Services, LI 10:00 Bible Studies, LI 10:00 Ken Plays Piano, GP 11:00 Sit and Be Fit, GP 1:00 Painting, GP 2:00 General Store, GS <b>3:00 The Barrington Birthday Bash, GP</b> 7:00 Bingo, GP	9:30 Fun With the Wii, CS 19 10:00 Mindful Moves, CS 11:00 Chat With Shelby, LI 1:00 General Store, GS 1:30 Singalong, GP 3:00 Pokeno, GP <b>6:00 Mardi Gras Ball, GP</b> 7:00 Poker Club, BR	9:00 Publix, L 20 9:30 Dominoes, CS 10:00 Publix Trip, #2, L <b>10:00 Larry's Jewelry, L</b> 11:00 Fun and Fitness, GP 1:00 AL Mardi Gras Party, GP 1:00 Walmart, L 1:00 General Store, GS 3:00 Happy Hour, GP 7:00 Movie Night w/ Snacks, GP	<b>Barrington Yard Sale 21</b> 8:00 Barrington Yard Sale, CP 9:00 Pokeno, CS 9:30 Scrabble, LI <b>10:00 Charlene's Card Shop, L</b> 10:00 Largo Mall, L 1:00 Left, Right, Center, GP <b>1:30 Jerry on Accordion, GP</b> 2:30 Bingo, GP 7:00 Movie & Popcorn, CS
8:00 Church Trips, L 22 10:00 Let's Shoot Pool, BR 10:00 Sunday Movies, CS 2:00 Board & Card Games, CS 3:00 Church Service, GP 3:00 Skip-Bo, LI	10:00 General Store, GS 23 11:00 Chair Exercise, GP 11:00 Chair Exercise, GP 1:00 General Store, GS 1:00 Bridge, LI 1:00 Origami, GP 1:00 Crafts or Made You Think, CS 3:00 Bingo 3 for \$1, GP 7:00 Bingo With Bayada, GP	9:30 Fun With the Wii, CS 24 10:00 General Store, GS 10:30 Left, Right, Center, CS 1:00 Singalong w/Ol' Time Music, GP 1:30 The General Store, GS 3:00 Pokeno, GP	8:00 Popcorn Wednesday, L 25 9:00 Catholic Services, LI 10:00 Bible Studies, LI 11:00 Sit and Be Fit, GP 1:00 Painting, GP 2:00 General Store, GS <b>2:30 Rick's Gospel Music &amp; Ice Cream Social, GP</b> 7:00 Bingo, GP	9:30 Fun With the Wii, CS 26 10:00 Mindful Moves, GP <b>10:00 Avon Calling, L</b> 11:00 Chat With Shelby, LI <b>11:00 Chili Cook-Off, GP</b> <b>11:30 Dollar Hot Dogs, GP</b> 12:00 Senior Variety Band, GP 1:00 General Store, GS 1:30 Singalong, GP 3:00 Pokeno, GP 7:00 Poker Club, BR	9:00 Publix, L 27 9:30 Rev. Bob Singalong, GP 10:00 Publix Trip, #2, L 11:00 Fun and Fitness, GP 1:00 General Store, GS 1:00 Trivia, CS 1:00 Bealls/Bealls Outlet Trip, L 3:00 Happy Hour, GP 7:00 Movie Night w/ Snacks, GP	9:00 Pokeno, CS 28 9:30 Scrabble, LI 10:00 Largo Mall, L 1:00 Left, Right, Center, GP 2:30 Bingo, GP 7:00 Movie & Popcorn, CS

## “Valentine Celebration” Happy Hour

Dale Williams will swoon us with his voice and looks. He will perform a variety of love and big band songs. We will also be serving some great snacks and beverages. Feb. 13, at 3 p.m. in the Gathering Place.

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## “Florida Strawberry Month” Happy Hour

Our Chef will be serving chocolate strawberries. Music styling by Al with many different saxophones. Feb. 20, at 3 p.m. in the Gathering Place.

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## “National Levi Strauss Day” Happy Hour

All residents and staff are asked to wear their jeans all day and to our party. Keith Coleman will perform a Johnny Cash tribute. February 27, at 3 p.m. in the Gathering Place.

## Fun Around The Barrington



## “National Wear Red Day” Happy Hour

All staff and residents are invited to wear red all day and at our party on Feb. 6, at 3 p.m. in the Gathering Place. Music by Steve on his mini-trumpet and piano.

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## Mardi Gras Trivia

The season was commonly called Carnival to early Christians. The period went from the Epiphany (Jan. 6) to Shrove Tuesday (the day before Lent). In Latin, “carne vale” means “farewell to meat.” Carnival is a time for feasting and self-indulgence. The heaviest partying is done the last three days before Ash Wednesday, particularly on Shrove Tuesday.

Mardi Gras or Carnival features masked balls, lavish costumes, floats, parades, torchlight processions, dancing, fireworks and feasting on all sorts of foods (usually those that are given up during Lent). Ironically, in earlier times, the pagan spring festivals (to help insure the growth of crops) involved much of the same sort of celebrations of processions, feasts and masquerades. It is said that most of the Mardi Gras or Carnival traditions go back to the 14th century.

In the United States, the most famous Carnival takes place in New Orleans, La. It takes place two weeks prior to Ash Wednesday. In New Orleans, the Carnival is called Mardi Gras, which meant “Fat Tuesday” to the early French settlers. They named it that because the day before the start of Lent was when you pigged out on all the fat products in the house! People ate up all the milk, butter, eggs and anything else in the kitchen before the start of Lent.